Town of Arlington

2021-2022 Zero Waste Guide

Recycling and Trash Program Rules

Place trash on the curb no later than 7:00 AM on your trash pickup day and not before 6:00 PM the day before your collection day. Any item left on the curb past 9:00 PM on the day after pickup is subject to fines. No container or bundle for collection may exceed 50 lbs.

Recycling: Weekly participation is mandatory and enforced. Do not remove empty recycling bins before trash has been collected.

Weekly Trash Limit: Each household has a 100-gallon limit, or the equivalent of three 32-gallon trash barrels. While you may use trash bags at the curb, Arlington recommends placing all trash in a barrel.

Excess Trash: Trash over the weekly limit is the responsibility of the property owner to pay for its collection. JRM can provide a quote or dumpster rental. Dumpsters require a permit from the Building Department, 781-316-3392.

Weekly Unlimited Yard Waste Collection: Paper leaf bags and clearly marked barrels (use Town provided "Yard Trimmings" sticker) are the only acceptable containers for yard waste. Plastic bags of yard waste cannot be collected as trash or as yard waste. See more rules under the caledar on page 5 of this Guide.

Bulk Trash Items: One bulk item is accepted with curbside collection per household, per week, free of charge. Examples include mattresses/box springs (one set), wood bed frames, furniture, microwaves, toilets, sinks, and area rugs and carpet (one room, cut to 3' wide, rolled, and tied). Tires are not accepted as trash but can be recycled at local tire service stations for a fee, call ahead. Bulky rigid plastic items are recyclable at the monthly Arlington Reuse & Recycling Center (optional).

Metal items: Contact JRM before putting these on the curb (fee may apply): metal bed frames, large file cabinets, and exercise equipment. Grills and lawn mowers (fluids removed) can go out as bulky trash. Scrap metal and propane tanks can be recycled at drop off events.

State Laws Regulate and Define Household Waste:

Only acceptable household waste is collected by the Town contractor, JRM Hauling and Recycling, Inc. Acceptable household waste excludes any materials covered by the Massachusetts Department of Environmental Protection Waste Bans, such as inherently dangerous, toxic, or hazardous wastes regulated by State and Federal authorities. Waste ban items include televisions and CRTs, construction and demolition debris, auto parts, stumps (regardless of size), dirt, rocks, concrete, biological waste, ammunition, and explosives. mass.gov/guides/massdep-waste-disposal-bans

Drop Off Options

TV/Computer Monitors (CRTs): Required to recycle. Make an appointment at the Reuse & Recycling Center to drop off TVs and computer monitors for proper disposal, \$20 per TV/monitor, \$5 per laptop. You must be able to lift/transfer the units out of your car yourself so we suggest you bring a helper. Curbside pickup is available through JRM Hauling for a fee: \$38 for TVs with screens 36" and under, \$50 for larger. Contact JRM to pay and schedule a pickup.

Electronic Waste (e-waste): Optional to recycle. Make an appointment for the Reuse & Recycling Center to drop off these items for free. Examples include cell phones and home phones, DVD players, small appliances, radio/stereo equipment, hard drives, cables, printers, ink and toner cartridges. No large appliances (see below). Fans, humidifiers and vacuum cleaners should be placed in the trash.

Mercury: Keep these items out of the trash: Batteries (lithium, rechargeable, lead acid,ni-cad), thermometers, and thermostats. Please make an appointment at the Reuse & Recycling Center for proper handling. Alkaline and button cell batteries go in the trash.

Fluorescent Light Bulbs: Never accepted as trash. Bring to Shattuck or Shattuck Heights hardware stores for proper disposal.

Household Hazardous Waste (HHW): Banned from household waste, HHW is collected eight times per year in Lexington. Registration is required and the dates are in this Guide on page 5. Details at arlingtonma.gov/hhw.

Paint: Oil-based paints can only be disposed of at Household Hazardous Waste collections. Latex paint should be completely dried, then placed in regular trash.

Medications: Unwanted medications can be dropped off 24 hours a day, 7 days per week in the medication disposal drop box at the Community Safety Building, 112 Mystic Street. Never place these items down a drain.

Medical Sharps: Not acepted as trash. Collected (in red Sharps containers) at specific Reuse & Recycling Center events. See page 4 for dates. Call Board of Health with your questions: 781-316-3170.

Pickup Options

Appliances (white goods): Appliances must be collected at the curb, by appointment only, for recycling (\$20 per unit). Contact JRM to pay and schedule a pick-up. Examples include clothes washers, dryers, dishwashers, stoves, refrigerators, air conditioners, hot water heaters, and dehumidifiers. Microwaves are considered a bulk trash item, taken at the curb, no charge.

Large TVs: \$38 or \$50 depending on size, contact JRM to pay and schedule an appointment.

Excess Trash (over the limit): Please make arrangements with a private hauler and compare pricing. JRM Hauling can also offer you an estimate. Hardware stores sell single-use soft-sided dumpsters, and regular dumpsters can be rented from private haulers including JRM.

Curbside Program - How It Works

Three categories of materials are collected by three separate trucks: trash, recycling, and yard waste (seasonal). Keep all containers grouped together at the curb. The Town does not currently provide equipment.

Trash: While trash bags are accepted at the curb, residents are encouraged to use trash barrels with lids, per state public health regulations. Trash is limited to 100 gallons per week per household, and 32-35 gallon barrel size is advised.

Recycling: The Town does not distribute recycling bins. When choosing your own bin or barrel, blue containers are the best choice, but if you reuse an existing container it must be clearly marked with a DPW RECYCLING sticker. Please choose a recycling container that is large enough to accommodate your recycling and prevent it from blowing away. Unlimited amounts of recycling are accepted at the curb. Recycling must accompany trash at curb. To ensure trash is collected, do not remove empty recycling bins before trash has been collected.

Single Stream Preparation: Arlington recycling is single-stream, but residents may continue to keep paper and cardboard separated. All recyclables (cans, bottles, jars) must be rinsed free of all contaminants. Remove and discard all corks in trash. To recycle plastic bottle lids, remove some air from the container and then re-attach the lid. Do not place items in recycling that are smaller than a credit card because they cannot be sorted and recovered correctly.



Metal



Food and Beverage Cans empty and rinse



Do Not Bag Recyclables No Garbage

Plastic



Bottles, Jars, Jugs and Tubs empty and replace cap



Bottles and Jars empty and rinse

Glass

Paper &



Mixed Paper, Newspaper, Magazines, Boxes empty and flatten



or Plastic Wrap (return to retail)



No Plastic Bags No Food or Liquid (empty all containers)



No Clothing or Linens (use donation programs)



No Tanglers (no hoses, wires, chains or electronics)

Learn more with the **Recyclopedia** search tool at arlingtonma.gov/recycle

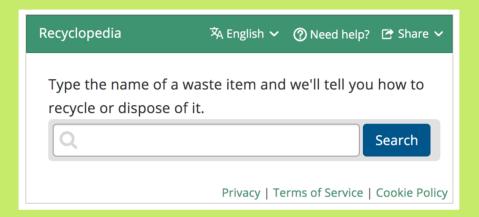
What's New in 21 & 22

Changes Coming to 51 Grove Street

We appreciate everyone's patience as we adjusted our operations during the pandemic. While the DPW administrative offices have now re-opened at 51 Grove Street, all reuse and recycling activities have moved to 33 Ryder Street. The Public Works building is being renovated to accommodate the IT and Facilities Departments which were previously located in the high school, and a new DPW building will be constructed in the Grove Street parking lot.

Information Available 24/7 at arlingtonma.gov/recycle

The arlingtonma.gov website provides answers to many questions, including "Can I recyle this?" Check out the Recyclopedia search tool that has answers to all your curbside recycling questions.



Reuse & Recycling Center: new name, new location, expanded mission

The Reuse & Recycling Center is located at 33 Ryder Street and is accessible by appointment. There are both weekday and monthly weekend appointments available: arlingtonma.gov/recycle or call our team at 781-316-3108 if you prefer.

Curbside Changes That May Still Feel New

What's in YOUR curbside recycling that doesn't belong there? The most common items that should go in trash, but somehow end up in recycling anyway, include plastic bags/plastic wrap (the #1 contaminant across the state!), shredded paper, cartons (milk, broth, soup), foam meat/veggie/takeout trays, and black plastic take-out containers. What CAN be recycled now are pizza boxes, just please make sure there's no food inside (grease is ok).

Food Scrap Diversion, Popularity on the Upswing

Arlington has over 2,000 households already diverting food scraps from the waste stream. That's amazing! And that doesn't even include all the backyard composting going on out there. Congratulations and thanks for helping to divert the wettest 30% of our trash. Food scraps collected curbside (by private subscription) or dropped off (our free Feed FiDO program) are either composted into soil amendment or anaerobically digested into gas/fuel. Check out our Food Scrap Diversion Programs page at arlingtonma.gov/recycle



See more about our **Food Scrap Diversion** programs at arlingtonma.gov/recycle

Reuse & Recycling Center

Drop Off Harder-to-Recycle Materials

Appointment required: arlingtonma.gov/recycle or 781-316-3108 Located at 33 Ryder Street, for Arlington residents only

Weekday and Monthly Weekend Dates:

Electronic Waste, fees for TVs and monitors (\$20) and laptops (\$5), everything else is free.

Batteries, rechargeable, lithium, ni-cad, lead acid (Alkaline and button cell go in the trash).

Scrap Metal, such as hangers, pots and pans, shelving, and file cabinets.

Books & Media, encyclopedias and old text books go in the trash. "Media" means movie and game CDs and DVDs.

Clothes, Shoes, & Textiles, such as sheets and towels, must be dry, please place in a bag.

Fire Extinguishers, \$5 each if full, free if discharged and disassembled.

Propane Tanks, up to 20 lbs.

Ink and Toner Cartridges, can also be dropped off at office supply stores

Monthly Weekend Dates Only:

Foam, only clean, white, rigid packing foam that snaps when you bend it, such as a cooler.

Bulky Rigid Plastic, such as trash barrels, storage bins, crates and plastic outdoor furniture. Size 5-gallon or larger.

Plastic Bags and Bubble Wrap, clean and dry. Also drop off at local grocery stores for recycling.



Hoses are trash



Latex paint must be dried completely then placed in trash



Return CFLs to hardware stores for safe disposal, others go in the trash



PVC pipe and vinyl siding, in small amounts, are trash



Soft foam is trash

Medical Sharps



Place in a sharps disposal container. Make an appt. at arlingtonma.gov/recycle

Paper Shredding



July 31, 2021 Nov. 6, 2021 April 30, 2022 June 4, 2022

9 AM- 12 PM Locations TBD &

listed on website

Cash donations collected for local food security nonprofits. Businesses pay \$5 / box. No appt. needed.

Volunteer!



Get involved! Call 781-316-3108



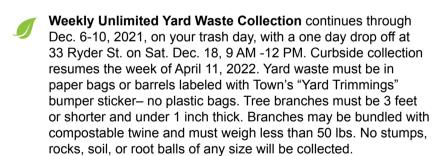
Check out the Zero Waste Arlington Committee

Meet others who share your interests in a zero-waste lifestyle, let the Town know what you'd like to help make happen to reduce waste in our community, and get involved in this essential environmental, public health and local governance issue.

Collection Calendar

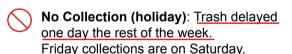








Christmas Tree Collection the week of Jan. 3-7, 2022, on your trash day. No plastic bags, no yard waste. One day tree drop off at 33 Ryder St., Sat., Jan. 15, 9 AM -12 PM.



Household Hazardous Waste:
In Lexington, registration required, register at arlingtonma.gov/recycle

Arlington Reuse & Recycling Center:
Appointment required. Collecting
harder-to-recycle-materials. Details and
register at arlingtonma.gov/recycle

Arlington Public Works Administration 51 Grove Street, 2nd Floor Hours: Monday - Friday, 8:00 AM- 4:00 PM

Reuse & Recycling Center
33 Ryder Street
by appointment: arlingtonma.gov/recycle

781-316-3108 for questions or information

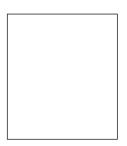
Contact JRM Customer Service for

- Missed collections
- Schedule and pay for appliance collection
- Paid excess trash pick-up estimates customerservice@jrmhauling.com 800-323-4285

Receive holiday and recycling event reminders: arlingtonma.gov/subscribe



Town of Arlington Department of Public Works 51 Grove Street Arlington, MA 02476





Zero Waste Guide NEW for 2021-2022

Visit www.arlingtonma.gov/recycle to learn more about:

DIVERT FOOD SCRAPS Repurpose food scraps



- Compost at home, \$25 bins sold at DPW
- With a curbside collection service
- · Dropoff: Feed FiDO

TEXTILE RECYCLING

95% of textiles can be reused or recycled







Donate your clothes, shoes, sheets, and towels in drop off locations throughout town.

HAZARDOUS WASTE DISPOSAL Help keep our environment safe



Dispose of hazardous materials at the eight collection events throughout the year.

BORROW HOUSEHOLD ITEMS

Check out tools, small kitchen appliances, board games, framed artwork and more from **Robbins Library** in their



LIBRARY OF THINGS robbinslibrary.org



Icons made by Freepik from www.flaticon.com